

## **Appendix II: Draft Program**

| Date            | Day       | Location  | Company/Institute/University                         | Activity                              |
|-----------------|-----------|-----------|--|---------------------------------------|
| 15 October 2017 | Sunday    | Amsterdam |  | Flight to Aberdeen, UK                |
| 16 October 2017 | Monday    | Aberdeen  | Rowet Institute of Nutrition and Health              | Social event Sunday or Monday evening |
| 17 October 2017 | Tuesday   | Edinburgh |  | Morning: travel to Edinburgh          |
| 18 October 2017 | Wednesday | Newcastle | Newcastle University                                 | Morning: travel to Newcastle          |
| 19 October 2017 | Thursday  | Leicester | Pepsico  | Morning: travel to Leicester          |
|                 |           |           |  | Afternoon: Pepsico                    |
| 20 October 2017 | Friday    | Norwich   | University of East Anglia, IFR                       | Morning: travel to Norwich            |
| 21 October 2017 | Saturday  | London    | -  | Morning: travel to London             |
| 22 October 2017 | Sunday    | London    | -  |                                       |
| 23 October 2017 | Monday    | London    | Imperial College                                     |                                       |
|                 |           |           | Kings College  |                                       |
| 24 October 2017 | Tuesday   | London    | London School of Tropical Medicine and Hygiene       |                                       |
|                 |           |           | Editors (Lancet/British journal of Nutrition/Nature) |                                       |
| 25 October 2017 | Wednesday | Cambridge | Cambridge University                                 | Morning: Travel to Cambridge          |
| 26 October 2017 | Thursday  | Surrey    | University of Surrey                                 | Morning: Travel to Surrey             |
| 27 October 2017 | Friday    | Bristol   | University of Bristol                                | Evening: Social event                 |
| 28 October 2017 | Saturday  | Bristol   | -  | Flight to Amsterdam, NL               |

PhD International Study Tour 2017, United Kingdom -Division of Human Nutrition, Wageningen University

The following research areas are of interest: nutrigenomics, molecular nutrition, metabolism, pharmacology, epidemiology & public health, sensory science & eating behavior and international nutrition.

<u>Important topics are</u> energy balance, nutrition & physical activity, chronic diseases (like cardiovascular diseases, cancer and diabetes), nutrition & ageing, nutrition deficiencies, diabetes, overweight, metabolic syndrome; diet, genes, microRNA, gut microbiota, DNA methylation, metabolomics; dietary food patterns, sustainable diets, micronutrient deficiencies, vegetable preferences in children, diet and cancer, risk assessment and isoflavones; elderly, vitamin B, osteoporosis; satiety and liking (sensory science); big data; nutritional intervention studies